

PCTWORLD INTELLECTUAL PROPERTY ORGANIZATION
International Bureau

INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(51) International Patent Classification ⁶: A23L 1/30, A23K 1/175, A61K 9/00	A1	(11) International Publication Number: WO 96/37118 (43) International Publication Date: 28 November 1996 (28.11.96)
(21) International Application Number: PCT/US96/07773 (22) International Filing Date: 22 May 1996 (22.05.96) (30) Priority Data: 08/447,224 22 May 1995 (22.05.95) US (71)(72) Applicant and Inventor: KLATZ, Ronald, M. [US/US]; 2434 N. Greenview Avenue, Chicago, IL 60614 (US). (74) Agents: OLIFF, James, A. et al.; Oliff & Berridge, P.O. Box 19928, Alexandria, VA 22320 (US).		(81) Designated States: AU, CA, CN, JP, KR, SG, European patent (AT, BE, CH, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE). Published <i>With international search report.</i>
(54) Title: CHRONOLOGICAL FOOD BAR (57) Abstract A nutritional supplement contains plural parts. Each of the plural parts is chronologically appropriate for its scheduled time of consumption. The nutritional supplement is contained in a palatable base, for example, a food bar which masks any unpleasant taste or texture of the nutrient. The nutritional supplement may contain any one or several nutrients including drugs, vitamins, herbs, hormones, enzymes and/or other nutrients in chronologically appropriate dosages in each part or sub-part.		

FOR THE PURPOSES OF INFORMATION ONLY

Codes used to identify States party to the PCT on the front pages of pamphlets publishing international applications under the PCT.

AM	Armenia	GB	United Kingdom	MW	Malawi
AT	Austria	GE	Georgia	MX	Mexico
AU	Australia	GN	Guinea	NE	Niger
BB	Barbados	GR	Greece	NL	Netherlands
BE	Belgium	HU	Hungary	NO	Norway
BF	Burkina Faso	IE	Ireland	NZ	New Zealand
BG	Bulgaria	IT	Italy	PL	Poland
BJ	Benin	JP	Japan	PT	Portugal
BR	Brazil	KE	Kenya	RO	Romania
BY	Belarus	KG	Kyrgyzstan	RU	Russian Federation
CA	Canada	KP	Democratic People's Republic of Korea	SD	Sudan
CF	Central African Republic	KR	Republic of Korea	SE	Sweden
CG	Congo	KZ	Kazakhstan	SG	Singapore
CH	Switzerland	LI	Liechtenstein	SI	Slovenia
CI	Côte d'Ivoire	LK	Sri Lanka	SK	Slovakia
CM	Cameroon	LR	Liberia	SN	Senegal
CN	China	LT	Lithuania	SZ	Swaziland
CS	Czechoslovakia	LU	Luxembourg	TD	Chad
CZ	Czech Republic	LV	Latvia	TG	Togo
DE	Germany	MC	Monaco	TJ	Tajikistan
DK	Denmark	MD	Republic of Moldova	TT	Trinidad and Tobago
EE	Estonia	MG	Madagascar	UA	Ukraine
ES	Spain	ML	Mali	UG	Uganda
FI	Finland	MN	Mongolia	US	United States of America
FR	France	MR	Mauritania	UZ	Uzbekistan
GA	Gabon			VN	Viet Nam

CHRONOLOGICAL FOOD BAR

This invention was first disclosed to the Patent and Trademark Office in Disclosure Document No. 375118.

5 The present invention is generally directed to dietary supplements and nutritional food bars. More specifically, the present invention relates to scheduled delivery of a single nutrient or a mixture of nutrients in a palatable base at optimum or advantageous times with respect to the schedule of the individual consuming the dietary supplement or nutritional food bar.

BACKGROUND

15 Many drugs, vitamins, herbs, hormones, minerals, enzymes and other nutrients (hereinafter generally referred to as nutrients) have a very short half life in the body. A limited half life is advantageous for many nutrients because of the constantly changing conditions within a biological organism. For example, many hormones exhibit a diurnal cycle either resulting from changing metabolic activities and needs as an organism progresses through a daily cycle. For other nutrients, cycling levels are unwanted, for example, for vitamin C, a uniformly high titer is often desired.

20 Vitamin C is one example of a short half life nutrient. The half life of vitamin C is approximately 2 to 3 hours. Multiple dosages spaced throughout the day are essential to maintaining a desired uniformly high level of vitamin C in the body.

30 For other nutrients, maintaining a uniform level in a body or a tissue of an organism throughout the day is unnecessary or undesirable. For example, metabolic enhancers tend to be most effective when administered in the morning whereas other nutrients, for example, growth hormone enhancers, tend to be most effective when administered at night or before a sleep period.

35 Still other nutrients may require large dosages in order to be effective. For example, in order to be effective as systemic antioxidants, some vitamins would require consumption of approximately 40 tablets per day.

- 2 -

Because of the bulk of the nutrient and/or absorptive capacity of the organism, it may be advantageous to disperse consumption of these nutrients into several doses throughout the day.

5 Additionally, some athletes may, as part of a multi-day training regimen, overlay a multi-day nutrient needs cycle on top of their diurnal cycle. Athletes or other competitors may also have specific chronologically determined needs, for example, an athlete may want to peak
10 or maximize a performance during a particular scheduled event. Similarly, travelers traversing several time zones often find they must overcome their inherent diurnal cycle. A nutrient supplement satisfying their inherent or home cycle or preferably a nutrient supplement
15 accommodating to a new cycle or helping to accommodate to a new cycle would be advantageous.

 Therefore, there are several different needs for scheduling nutrient supplementation throughout the day. For some nutrients, maintenance of a uniform dosage
20 throughout the day requires multiple scheduled administrations of nutrients throughout the day. For other nutrients, where a uniform systemic level may not be desired, scheduling timely administration of nutrients may be important. For still other supplements the physical
25 bulk or absorptive limitations may require chronologically dispersed administrations of nutrients throughout the day. Additionally, when an individual may desire to overcome their diurnal cycle, may desire to alter their diurnal cycle or may desire to select a peak timing of their
30 performance, a simple means for administering multiple scheduled nutritive supplements is desired.

SUMMARY OF THE INVENTION

 The present invention concerns a multi-part nutritive supplement such as a food bar containing
35 separately identifiable parts or groups of parts, each individual part or group of parts containing a chronologically appropriate dosage of drugs, vitamins, herbs, hormones, minerals, enzymes or other nutrients.

- 3 -

DETAILED DESCRIPTION OF PREFERRED EMBODIMENTS

5 The nutritive supplement of the present invention comprises a palatable base which acts as a vehicle for administering nutrients to an individual. The nutritional supplement has plural parts containing a nutrient or nutrients. Preferably, at least one of the nutrients varies in amount from one part to another. The individual parts are designed to deliver a dosage of nutrients to an organism in a chronologically appropriate manner.

10 Chronological appropriateness may refer to a diurnal cycle of an organism. The appropriate dosage of a nutrient or nutrients throughout a cycle, for example a diurnal cycle, may be determined by a desire to maintain a threshold value of a nutrient in an organism or a tissue of an organism. An appropriate dosage, for example, a threshold dosage, may be determined by a government entity, for example, the FDA or the USDA. A chronologically appropriate dosage is an appropriate dosage to achieve or maintain a desired level of nutrient within an organism or a portion of the organism, for example, an organ or circulatory system, appropriate for the time in the cycle for which the dosage is scheduled. Other chronologically appropriate dosages may be determined from the scientific or sports literature or
25 other information sources or from testing the performance, for example, a treadmill test, or testing the content of nutrients or nutrient products within an individual, for example, testing the blood of an individual. A desired dosage may also be determined, for example, by an estimated consumption or utilization of a nutrient or a combination of nutrients or by a consensus of persons active or knowledgeable in, for example, an athletic or scientific discipline.

35 Individual parts of the nutritional supplement may vary in appropriate dosages by having a different amount of a nutrient or nutrients or by having a different formulation of nutrients.

- 4 -

Individual parts of the nutritional supplement may be labeled with a recommended time for consumption, a countdown time to a scheduled event, symbols indicating the sequence in which they are to be taken, a pictorial representation such as a sunrise or sunset or an individual at rest or active, or other means of appropriate identification.

In an embodiment where the nutritional supplement is a food bar, the food bar can have a segmented structure. The segments can be formed by indentations, perforations or the like which serve to differentiate separate parts or subgroups of parts from one another. Alternatively, one unit of food bar can be completely divided into separate chronologically arranged sub-bars. Such sub-bars may be individually or commonly wrapped. For example, a food bar embodiment of the present invention could be shaped in the form of a Tootsie Roll™. Optionally, labels could be applied to the bar, for example in the form of a lightly adhesive strip. More preferably, labelling may be accomplished by use of edible pigments, symbols indented into the bar, shape or color coding of chronologically appropriate sub-bars or indications on a wrapper or the like.

In one preferred embodiment, the first segment or sub-bar can include a morning dosage of nutrients, e.g., drugs, vitamins, herbs, hormones, enzymes and/or other nutrients appropriate for an individual's morning dosage. A second segment or sub-bar can be dosed with the same or, preferably, a different dosage of nutrients to be chronologically appropriate for a midday dosage. A later segment can be dosed with nutrients chronologically appropriate for an evening or night time dosage. A two dosage regimen, for example, morning and night time segments, parts or sub-bars may also be appropriate. In another embodiment, hourly dosages, appropriate for the time of day, may be packaged as a daily unit or may be grouped, for example, as morning, midday, evening or night time groupings.

- 5 -

The substance of the bar could be, for example, a highly palatable food bar such as a dessert or candy bar, a meal bar, a nut or granola bar or other flavored, edible bar or any other consumable embodiment, for example, a chewable substance such as a Tootsie Roll™. The substance of the chronologically arranged segments or sub-bars is preferably flavored and textured to adequately mask any unpleasant taste or textures of the drugs, vitamins, herbs, hormones, enzymes and/or other nutrients to ensure palatability of the bar.

Embodiments of the present invention include but are not limited to food bars or supplements, chronologically appropriate for a diurnal cycle, a countdown to a scheduled event, for example, an athletic contest or a surgery, a cycle different from a diurnal cycle, accommodating an individual to a new diurnal cycle, and ameliorating the symptoms of stresses to an organism's diurnal cycle. The organism may be human or other animal. For example, in an embodiment involving a sporting event, the organism may be an animal, for example a racehorse. The composition of the food bar may be altered to be palatable to the organism for which it is intended.

While the invention has been described with reference to particular preferred embodiments, other embodiments and modifications can be made by those skilled in the art without departing from the spirit and scope of the invention.

- 6 -

WHAT IS CLAIMED IS:

1. A chronologically arranged edible nutritional supplement, comprising:

5 plural portions comprising a first portion and a second portion, said portions each being dosed with a chronologically appropriate supplemental nutrient, at least said first portion having a different dosage from said second portion.

10 2. A nutritional supplement according to claim 1, wherein the nutrient comprises at least one nutrient selected from the group consisting of vitamins, herbs, hormones, minerals, enzymes and drugs.

15 3. A nutritional supplement according to claim 1, wherein the dosages are chronologically appropriate for a diurnal cycle.

4. A nutritional supplement according to claim 1, wherein the dosages are chronologically appropriate for a countdown to a scheduled event.

20 5. A nutritional supplement according to claim 1, wherein the dosages are chronologically appropriate for a multi-day training regimen.

6. A nutritional supplement according to claim 1, wherein the dosages are chronologically appropriate for resetting a diurnal cycle.

25 7. A nutritional supplement according to claim 1, wherein the dosages are chronologically appropriate for ameliorating the symptoms of travel across time zones.

30 8. A nutritional supplement according to claim 1, wherein said first portion and said second portion are dosed to be chronologically appropriate for morning and night time respectively.

9. A nutritional supplement according to claim 1, wherein the plural portions further comprise a third portion.

35 10. A nutritional supplement according to claim 9, wherein said first, second and third portions respectively comprise a first, a second and a third dosage, said first, second and third dosages being

- 7 -

chronologically appropriate for morning, midday and night time, respectively.

11. A nutritional supplement according to claim 1, wherein said portions are individually with labels identifying a chronological arrangement for said portions.

12. A nutritional supplement according to claim 11, wherein said portions are frangibly connected at peripheral indentations.

13. A nutritional supplement according to claim 11, wherein said portions are frangibly connected at peripheral perforations.

14. A nutritional supplement according to claim 1, wherein said first portion and said second portion are not physically connected.

15. 15. A nutritional supplement according to claim 14, wherein said first portion and said second portion are individually wrapped.

16. A nutritional supplement according to claim 11, wherein the labels comprise at least one symbol selected from the group consisting of a color code, a pictorial representation, a word, a letter, a number, a shape, and a combination thereof.

17. A nutritional supplement according to claim 1, wherein the chronologically appropriate supplemental nutrient is chronologically appropriate for an animal.

18. A nutritional supplement according to claim 17, wherein the animal is a human.

19. A chronologically labeled edible nutritional supplement having plural portions, each of said portions comprising a dosage of at least one nutrient, said dosage being appropriate to achieve a desired level of the nutrient within at least a part of an organism for a period of time, each of said portions being associated with a label indicating a target ingestion time for said portion.

20. A nutritional supplement according to claim 19, wherein a said dosage of said nutrient in one of said

- 8 -

plural portions is different from a said dosage of said nutrient in another of said plural portions.

INTERNATIONAL SEARCH REPORT

International application No.
PCT/US96/07773

A. CLASSIFICATION OF SUBJECT MATTER

IPC(6) : Please See Extra Sheet.
US CL : 426/72, 73, 74, 76, 78, 468, 469
According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

U.S. : 424/468, 469, 471; 426/72, 73, 74, 76, 78

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched
NONE

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)
NONE

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
Y	US 5,232,709 A (SALTMAN et al) 03 August 1993, column 1, lines 9-15; column 5, lines 26-49; column 6, lines 25-30; column 9, lines 51-57; column 10, lines 5-22 and 50-55; column 11, lines 4-23 and 36-45.	1-10, 14, 17, 18
Y	US 5,227,167 A (CARR et al) 13 July 1993, column 4, lines 9-21; column 8, line 52 - column 9, line 10.	1-8, 17, 18
Y	US 4,752,479 A (BRIGGS et al) 21 June 1988, column 1, line 61 - column 2, line 5 and claim 1; column 2, lines 67-68; column 3, line 56 - column 4, line 10.	1-10, 14, 17, 18
X, P	US 5,472,710 A (KLOKKERS-BETHKE et al.) 05 December 1995, see entire document.	1-10, 14, 17, 18

☐ Further documents are listed in the continuation of Box C. ☐ See patent family annex.

* Special categories of cited documents:	*T	later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention
A document defining the general state of the art which is not considered to be of particular relevance	*X*	document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone
I earlier document published on or after the international filing date	*Y*	document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art
I document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)	*G*	document member of the same patent family
O document referring to an oral disclosure, use, exhibition or other means		
P document published prior to the international filing date but later than the priority date claimed		

Date of the actual completion of the international search
15 JULY 1996

Date of mailing of the international search report
05 SEP 1996

Name and mailing address of the ISA/US
Commissioner of Patents and Trademarks
Box PCT
Washington, D.C. 20231

Authorized officer
KATHRYNE E. SHELBORNE

Facsimile No. (703) 305-3230

Telephone No. (703) 308-3627

INTERNATIONAL SEARCH REPORT

International application No.
PCT/US96/07773

A. CLASSIFICATION OF SUBJECT MATTER:
IPC (6):

A23L 1/30; A23K 1/175; A61K 9/00